

## **Auditory Stimulation and Training (AST): Language (40 session program)**

Auditory Stimulation and Training (AST) is a combination of Samonas Sound Therapy and directed audio-vocal training lessons.

Alfred Tomatis, M.D., the original pioneer and researcher in the field of sound therapy said that the voice cannot reproduce what the brain cannot hear. People who frequently mispronounce words, have low energy, get confused or misunderstand when listening, have difficulty sounding out words, or speak with poor inflection or a monotone voice typically have poor listening skills.

AST-Language provides intensive, carefully sequenced exposure to English language vocabulary, grammar, sentence structure, intonation and flow. Lessons are created to be appropriate for students of any age with oral language delays.

Language is connected with pictures to develop vocabulary and concepts, and instruction is provided in a manner that allows for a great deal of reinforcement in a format that students can handle.

The program consists of eight sections of progressively more complex language exploration and acquisition. It begins with very simple and basic concepts and includes various verb usages, pronouns, questions, and descriptions.