

Core Learning Skills (20 week program)

Core Learning Skills training involves a series of exercises that are done daily to help make neurological connections in the brain that are critical to comfortable learning and functioning.

These are connections that should have occurred early in development but did not fully develop. Infants have reflex movement patterns that are critical to their survival, but which disappear in infancy or early childhood as the brain becomes more organized and higher levels of brain take over. **Retention of any of these early reflexes can cause immature movement patterns and generalized learning difficulties** . With stimulation, these reflexes can be integrated and higher level organization and neural connections can be made.

In Core Learning Skills Training, the aim is **not** to get the movement right. We are not training a set of "normal" movements into the child. We are using movements to develop learning.

Learning involves thinking, comparing, evaluating, planning, visualizing, adjusting, and ultimately finding the most effective ways to do things. We are not interested in training in a "splinter" skill that a student can execute but not apply. We are looking to **build mental flexibility**.

Children with learning and attention challenges are often very inflexible. They are disrupted by any change in routine. They have only one way of doing things because they do not have the physical and mental flexibility to feel secure trying something in a different way.

The mental flexibility and adaptability needed for ease in learning, social relationships, and general functioning begins at the core learning skills level.

Core Learning Skills Training consists of 14 Core Skill Areas , each of which has a number of different, sequential activities designed to integrate reflexes, build body awareness and control, increase attention and concentration, and develop visual skills and internal organization needed for learning.

All of these procedures are scripted for the clinician. It makes it much easier to implement. It also makes training and monitoring ***much simpler***.

Your training fee includes all of the equipment you will need to implement it.